

Recursos valoración analítica articular

<https://www.youtube.com/watch?v=SeF3Hmw7k3U>

<https://www.youtube.com/watch?v=lwfUodlzlAc>

Cejudo A, Sainz de Baranda P, Ayala F, Santonja F. Assessment of the range of movement of the lower limb: systematic review. *J Sports Sci.* 2020;38(22):2631–2649